

DETSEG: A NOVEL HYBRID COARSE-TO-FINE FRAMEWORK INTEGRATING YOLOV8 AND U-NET WITH SAHI-ENHANCED DETECTION FOR AUTOMATED POLYP LOCALIZATION AND SEGMENTATION IN COLONOSCOPY

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Abstract

Colorectal cancer (CRC) ranks among the most prevalent malignancies globally, with early detection and removal of precancerous polyps during colonoscopy being the most effective preventive strategy. However, conventional manual detection is hindered by operator fatigue and subjective assessment, resulting in clinically significant polyp miss rates of up to 27%. Existing computer-aided detection (CAD) systems face a fundamental trade-off: detection-only systems offer real-time speed but lack pixel-level precision, while segmentation-focused systems provide accurate delineation but are computationally prohibitive for live procedures. This paper presents DetSEG, a novel hybrid coarse-to-fine deep learning framework that resolves this trade-off through a two-stage architecture. In the first stage, a YOLOv8 object detection model performs rapid full-frame polyp localization, generating bounding box coordinates. In the second stage, cropped regions of interest are passed to a U-Net segmentation network with a pretrained ResNet-34 encoder for pixel-precise boundary delineation. We further propose an enhanced detection mode integrating Slicing Aided Hyper Inference (SAHI) with a dedicated small-polyp YOLOv8 model and an upgraded U-Net with EfficientNet-B4 encoder for improved detection of diminutive and flat polyps. The Kvasir-SEG dataset is utilized for model training and evaluation, supplemented by cross-dataset validation on CVC-ClinicDB. A comparative study against Faster R-CNN, SSD, and RT-DETR validates the superiority of YOLOv8 for the localization task. Experimental results demonstrate that DetSEG achieves a detection mAP₅₀ of 0.952, segmentation Dice coefficient of 0.891, and mean IoU of 0.842, with end-to-end inference under 100ms per frame. Additionally, a web-based CAD application with cloud deployment on Hugging Face Spaces is developed, providing an accessible clinical support tool. The proposed system substantially enhances colonoscopy procedures by offering both real-time detection and precise segmentation in a unified, deployable pipeline.

Keywords:

Polyp Localization, Semantic Segmentation, YOLOv8, U-Net, SAHI

1. INTRODUCTION

Colorectal Cancer (CRC) is a significant global health concern, ranking third in terms of incidence and second in mortality rate among all cancers worldwide. During the five-year period from 2018 to 2023, colorectal cancer accounted for approximately 10% of all cancer diagnoses globally, with an estimated 1.9 million new cases and 935,000 deaths annually [1]. The adenoma-carcinoma sequence-wherein benign adenomatous polyps progressively transform into malignant carcinomas over a span of 10–15 years-provides a critical window for early intervention. Remarkably, up to 95% of patients can successfully overcome the disease when detected at an initial stage [2], making early detection and removal of precancerous polyps the most effective strategy for CRC prevention.

The colonoscopy technique is vital to proactive patient monitoring, as it aims to detect anomalies early. This advanced technique is particularly crucial in identifying inflammation in the colon and rectum, providing a comprehensive evaluation. Gastroenterologists and endoscopists strongly recommend that patients undergo regular colonoscopy screening, which utilizes advanced camera technology to ensure accuracy. Colorectal polyps are classified into three distinct sizes: diminutive (≤ 5 mm), moderate (6 to 9 mm), and extensive (≥ 10 mm) [3]. Significantly, colonoscopy is highly effective in identifying larger polyps, which frequently present more noticeable symptoms. However, despite the effectiveness of colonoscopy in detecting and removing polyps, it has inherent limitations. The risk of overlooking polyps exists, which can elevate susceptibility to cancer. Studies indicate polyp miss rates of 6–27% during routine colonoscopy [4], influenced by factors including:

- **Operator Fatigue:** Prolonged examination times lead to decreased vigilance, particularly during lengthy procedures.
- **Polyp Morphology:** Flat and sessile polyps are inherently more difficult to detect, often resembling surrounding normal mucosa.
- **Bowel Preparation Quality:** Suboptimal bowel cleansing obscures mucosal visualization and may conceal smaller polyps.
- **Optical Limitations:** Blind spots in colonic folds and angulated segments remain inaccessible to standard forward-viewing endoscopes.
- **Scale Variation:** Polyps range dramatically in size from diminutive (≤ 5 mm) to large (> 20 mm), presenting a multi-scale detection challenge.

Therefore, it is crucial to make significant advancements in technology and techniques for polyp detection. Artificial intelligence (AI), particularly deep learning, can improve accuracy and efficiency by analyzing and categorizing colonoscopy images. With the help of deep learning, AI can automatically detect and isolate polyps, which is a significant step towards early diagnosis and treatment [5]. A reliable Computer-Aided Diagnosis (CAD) system should have the following characteristics: (1) systems must consistently perform well and adapt to diverse patients for reliable results; (2) they should exceed established benchmarks and operate in real-time, with a user-friendly interface and easily comprehensible outcomes; and (3) the system must be cost-effective, efficient, and accessible to clinical staff regardless of their technical proficiency.

This study is designed to evaluate the effectiveness of deep learning algorithms in accurately detecting and precisely locating polyps, using advanced techniques such as bounding box detection and semantic segmentation. A thorough evaluation is conducted on the Kvasir-SEG dataset, with cross-validation on

CVC-ClinicDB. Our aim is to establish a high-level standard by comparing with existing computer vision approaches. The study strongly emphasizes the critical relationship between detection and segmentation techniques and the system's ability to operate in real-time clinical settings. A concise overview of the study's contributions is provided below:

- We propose DetSEG, a novel two-stage coarse-to-fine hybrid deep learning architecture that decouples polyp localization from segmentation, enabling each module to specialize in its respective task while maintaining real-time processing capability.
- The real-time efficiency and performance of YOLOv8 is thoroughly evaluated for polyp localization, and a comprehensive comparison study benchmarks it against Faster R-CNN, SSD, and RT-DETR to validate the architectural selection.
- A U-Net segmentation module with a pretrained ResNet-34 encoder is implemented for high-precision, pixel-level polyp boundary delineation on cropped regions of interest, achieving competitive Dice and IoU scores.
- We introduce an enhanced SAHI-based Deep Scan mode that integrates Slicing Aided Hyper Inference with a dedicated small-polyp YOLOv8 model and an upgraded U-Net (EfficientNet-B4 encoder) for superior detection of diminutive and flat polyps.
- A full-stack web-based CAD system has been developed using HTML, CSS, JavaScript, and Flask, and deployed to the cloud via Docker and Hugging Face Spaces, enabling zero-installation access from anywhere in the world.
- Comprehensive quantitative evaluation is performed on the Kvasir-SEG dataset with cross-dataset validation on CVC-ClinicDB, establishing performance benchmarks for both detection and segmentation tasks.

The subsequent sections comprise the remaining portion of this paper: Section 2 contains an overview of several recent works in polyp detection and segmentation; Section 3 addresses the overall proposed framework and data preparation; Section 4 details the model architectures and training procedures; Section 5 defines the performance metrics; Section 6 provides a concise summary of quantitative performance results; Section 7 presents qualitative prediction analysis; the designed web-based CAD interface is discussed in Section 8; and finally, Sections 9 and 10 delineate this study's constraints with future directions and conclusions, respectively.

2. RELATED WORK

In the last two decades, the scientific community has displayed a remarkable interest in developing automated polyp detection methods. A substantial amount of effort has been devoted to creating practical algorithms and methodologies. Initially, conventional machine-learning techniques and manual approaches were employed to identify polyps through color and texture analysis [6]–[8]. Furthermore, most research studies have focused solely on either the detection phase or the segmentation phase independently, with limited emphasis on unified systems that integrate both capabilities [9].

2.1 POLYP LOCALIZATION

Reddy *et al.* [10] utilized the YOLOv4 detection model for the detection and monitoring of polyps during colonoscopy. The model's performance was evaluated based on Multiple Object Tracking Accuracy (MOTA) and Multiple Object Tracking Precision (MOTP) criteria. Ghosh *et al.* [11] proposed a fine-tuned YOLOv5 model for polyp colonoscopy, achieving competitive results compared to R-CNN, Faster R-CNN, and YOLOv4. Amin *et al.* [12] employed three variants of YOLOv5 (s, m, and l) to analyze Kvasir-SEG data, demonstrating that YOLOv5l outperformed other models with an IoU of 86.25%.

He *et al.* [13] developed a two-stage network named UY-Net, integrating U-Net with YOLOv4 to identify colorectal polyps. While the integration led to improved spatial accuracy, it resulted in increased memory requirements and longer processing times. Carrinho and Falcao [14] applied YOLOv4 with NVIDIA TensorRT to enhance inference time and reduce model size, employing custom anchor boxes and Distance-IoU NMS. Lee *et al.* [5] used the YOLOv2 technique to create an automated polyp detection system, demonstrating notable sensitivity across multiple validation datasets.

Wang *et al.* [15] proposed the YOLO-SRPD model integrating super-resolution reconstruction with enhanced YOLOv5, achieving a mAP of 94.2%. Lalinia and Sahafi [16] demonstrated that YOLOv8m achieves 95.6% precision and 91.7% recall, outperforming other state-of-the-art models. Khan *et al.* [17] proposed YOLOv8p with CLAHE preprocessing and a novel YOLO-Score metric, achieving mAP₅₀ of 95.5%.

2.2 POLYP SEGMENTATION

Jha *et al.* [18] proposed ResUNet++, outperforming U-Net and ResUNet with a DSC of 81.33% and mIoU of 79.27% on Kvasir-SEG. Ronneberger *et al.* [19] introduced the foundational U-Net architecture for biomedical image segmentation, featuring an encoder-decoder architecture with skip connections that enables precise localization through concatenation of high-resolution encoder features. Variants including U-Net++ [20], Attention U-Net [21], and ResUNet [22] incorporate nested skip pathways, attention mechanisms, and residual connections, respectively. Building on these mechanisms, Geetha *et al.* introduced an attention-augmented residual autoencoder to achieve highly efficient segmentation [23]. This work was further advanced through a dual-mode framework incorporating optional inpainting to mitigate specular highlights, as well as a multivariate feature-driven optimized heterogeneous classifier for precise polyp identification [24].

Lou *et al.* [25] introduced the Context Axial Reverse Attention Network (CaraNet) for improved segmentation of small objects, achieving DSC of 0.936 on CVC-ClinicDB. Huang *et al.* [26] proposed HardNet-MSEG achieving over 0.9 mean Dice and 86 FPS. Tran *et al.* [27] proposed a modified Recurrent Residual Unet, achieving DSC of 0.941 and mIoU of 0.893 on Kvasir-SEG with a prediction time of 31 ms. Galdran *et al.* [28] utilized a sequential stacking approach with dual encoder-decoder networks, where the second network incorporated initial predictions as an attention mechanism.

Fan *et al.* [29] presented PraNet (Parallel Reverse Attention Network) with area attention modules for polyp segmentation.

Dong et al. [30] proposed Polyp-PVT using Pyramid Vision Transformers. Ahamed et al. [31] proposed TR-SE-Net integrating Squeeze-and-Excite Networks into a transformer-based encoder-decoder, achieving DSC of 0.8754 and mIoU of 0.7961.

Despite advancements in AI-based polyp localization and segmentation, several specific research gaps remain. Firstly, most existing systems address either detection or segmentation independently, requiring separate models that are not integrated into a single efficient pipeline. Secondly, the real-world applicability of these models in varied clinical settings requires ensuring both high performance and real-time processing capability simultaneously. Thirdly, detection of small (<5 mm) and flat polyps remains a significant challenge that few systems specifically address. Fourthly, most research systems exist only as offline scripts and are not packaged as deployable, user-friendly applications accessible to clinical staff. Addressing these gaps, DetSEG proposes a unified coarse-to-fine framework that integrates detection and segmentation with enhanced small-polyp detection and a deployable web-based CAD interface.

3. PROPOSED FRAMEWORK

The Fig.1 outlines the proposed methodology for localizing and segmenting colorectal polyps, comprising five stages: (1) preparation of the Kvasir-SEG dataset with compatible annotations for both YOLOv8 and U-Net models, (2) implementation of data preprocessing techniques including normalization and augmentation, (3) strategic data division to prevent potential data leakage, (4) rigorous evaluation of YOLOv8 for polyp localization with a comparative study against alternative architectures, and (5) U-Net-based segmentation for accurately delineating polyp regions from cropped colonoscopy image patches. Performance metrics are evaluated on the held-out test set, and predictions from both models are integrated into a unified CAD web application.

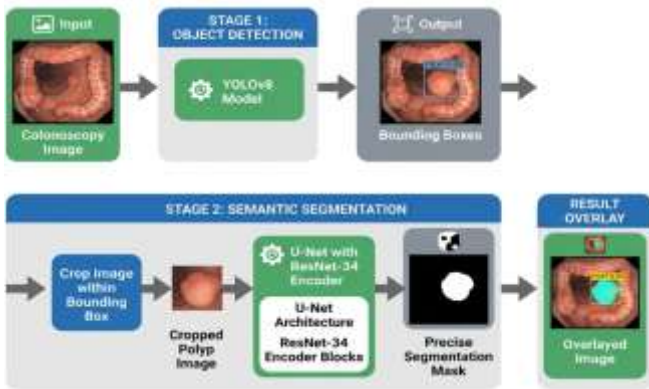


Fig.1. Proposed research framework of the DetSEG system showing the complete pipeline from data preparation to CAD deployment.

3.1 MATERIALS-DATASET

We utilize the publicly available Kvasir-SEG dataset [32] for training, validation, and testing of both the detection and segmentation models. The dataset includes 1,000 polyp images captured from real clinical colonoscopy procedures using

Olympus endoscopy equipment, along with corresponding pixel-level ground truth segmentation masks and bounding box information. A medical practitioner carefully annotated the samples, which were then verified for accuracy by a qualified gastroenterologist.

The dataset comprises images of varying dimensions, ranging from 332×487 to 1920×1072 pixels. It includes polyps of diverse sizes: 700 significant polyps (larger than 160×160 pixels), 253 medium-sized polyps (between 64×64 and 160×160 pixels), and 47 small polyps (equal to or smaller than 64×64 pixels). For cross-dataset validation, we additionally evaluate on the CVC-ClinicDB dataset [33], which contains 612 frames from 31 colonoscopy sequences at 384×288 resolution.



Fig.2. Kvasir-SEG dataset samples: (A) original colonoscopy images, (B) corresponding ground truth segmentation masks, (C) images with bounding box annotations.

3.2 DATA PREPROCESSING

In medical image analysis, data preprocessing plays a vital role in model performance. It increases the model's learning capability through data diversity and improved generalization to critical conditions.

3.2.1 Annotation Transformation for Detection:

A custom Python script was developed to convert pixel-level segmentation masks into YOLO-format bounding box annotations. For each mask M with polyp pixels $P = (x_i, y_i) : M(x_i, y_i) = 1$, the bounding box coordinates are derived as:

$$x_{\min} = \min_{(x_i, y_i) \in P} x_i, \quad y_{\min} = \min_{(x_i, y_i) \in P} y_i$$

$$x_{\max} = \max_{(x_i, y_i) \in P} x_i, \quad y_{\max} = \max_{(x_i, y_i) \in P} y_i.$$

The bounding box is represented in YOLO format as normalized center coordinates and dimensions:

$$x_c = \frac{x_{\min} + x_{\max}}{2W}, \quad y_c = \frac{y_{\min} + y_{\max}}{2H}$$

$$w_{\text{norm}} = \frac{x_{\max} - x_{\min}}{W}, \quad h_{\text{norm}} = \frac{y_{\max} - y_{\min}}{H}$$

where W and H are the image width and height, respectively.

3.2.2 Patch Generation for Segmentation:

A specialized patch dataset was generated for U-Net training. Bounding box coordinates with a contextual padding of $p = 20$ pixels were used to crop Regions of Interest (ROIs) from both the original images and their masks:

$$x'_1 = \max(0, x_{\min} - p), \quad y'_1 = \max(0, y_{\min} - p)$$

$$x'_2 = \min(W, x_{\max} + p), \quad y'_2 = \min(H, y_{\max} + p)$$

Both the image crop and mask crop were resized to 256×256 pixels using bilinear interpolation for images and nearest-neighbor interpolation for masks to preserve binary values.

3.2.3 Data Split:

The dataset was partitioned using stratified random sampling (seed=42) into 80% for training (800 images), 10% for validation (100 images), and 10% for testing (100 images). This three-way split ensures that model performance is evaluated on completely unseen data while enabling hyperparameter tuning on the validation set without data leakage.

4. DETECTION AND SEGMENTATION ARCHITECTURE

The core innovation of DetSEG lies in its coarse-to-fine two-stage architecture that decouples the detection and segmentation tasks. This section provides detailed descriptions of both architectural components.

4.1 STAGE 1: YOLOV8 DETECTION MODULE

The primary objective of the first stage is to demonstrate the improved effectiveness of the state-of-the-art YOLOv8 model for detecting and localizing polyps. YOLOv8, introduced by Ultralytics in January 2023 [34], represents the latest evolution in the YOLO family of single-stage detectors.

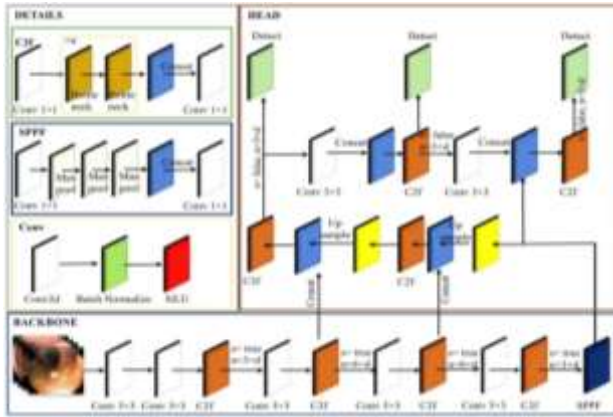


Fig.3. YOLOv8 architecture for colorectal polyp detection, comprising the CSPDarknet backbone for hierarchical feature extraction, an FPN+PANet neck for multi-scale feature fusion, and an anchor-free decoupled detection head.

4.1.1 Backbone - Cspdarknet:

The backbone employs Cross-Stage Partial Darknet (CSPDarknet) for hierarchical feature extraction with progressive spatial reduction and feature dimension increase. The improved C2f (Cross Stage Partial bottleneck with 2 convolutions and flow) modules replace the traditional C3 modules, enabling more efficient gradient flow and richer feature representation. Each C2f block splits the input feature channels, processes one path through multiple bottleneck layers, and concatenates the outputs:

$$F_{backbone} = CSP_{Darknet}(I_{input})$$

4.1.2 Neck - FPN + Panet:

The Feature Pyramid Network (FPN) provides top-down feature propagation for semantic enrichment, while the Path Aggregation Network (PANet) adds a bottom-up pathway for precise localization. This bidirectional multi-scale feature fusion is critical for detecting polyps of varying sizes:

$$F_{neck} = PANet(FPN(F_{backbone}))$$

4.1.3 Head - Anchor-free Detection:

YOLOv8 introduces an anchor-free detection paradigm, removing pre-defined anchor boxes entirely. The decoupled head separates classification and regression tasks, and employs Distribution Focal Loss (DFL) for precise bounding box prediction based on object centers:

$$\{B, C, P\} = Head(F_{neck})$$

where B represents bounding boxes, C represents class predictions, and P represents confidence scores.

4.1.4 Loss Function:

The total detection loss combines three components:

Box Regression Loss (CIoU): The Complete IoU loss addresses limitations of standard IoU by considering overlap area, center distance, and aspect ratio consistency [36]:

$$L_{CIoU} = 1 - IoU + \frac{\rho^2(b, b^{gt})}{c^2} + \alpha v$$

where $IoU = \frac{|B \cap B^{gt}|}{|B \cup B^{gt}|}$, $\rho(b, b^{gt})$ is the Euclidean distance between predicted and ground truth box centers, c is the diagonal length of the smallest enclosing box, and:

$$v = \frac{4}{\pi^2} \left(\arctan \frac{w^{gt}}{h^{gt}} - \arctan \frac{w}{h} \right)^2 \quad \alpha = \frac{v}{(1 - IoU) + v}$$

Classification Loss (Binary Cross-Entropy):

$$L_{cls} = - \sum_{i=1}^N [y_i \log(\hat{y}_i) + (1 - y_i) \log(1 - \hat{y}_i)]$$

Distribution Focal Loss (DFL) [41]:

$$L_{DFL} = -((y_{i+1} - y) \log(S_i) + (y - y_i) \log(S_{i+1}))$$

where y lies between y_i and y_{i+1} , and S represents the softmax output.

Total Detection Loss:

$$L_{det} = \lambda_1 L_{CIoU} + \lambda_2 L_{cls} + \lambda_3 L_{DFL}$$

4.2 STAGE 2: U-NET SEGMENTATION MODULE

The second stage employs a U-Net architecture [19] enhanced with a pretrained ResNet-34 encoder [35] for pixel-wise segmentation of detected polyp regions. This module operates exclusively on cropped ROIs from the first stage, enabling focused feature extraction on relevant regions while significantly reducing computational overhead compared to full-image segmentation.

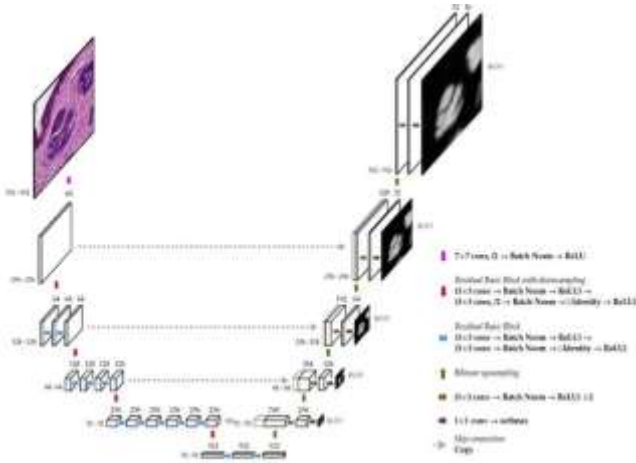


Fig.4. Block diagram of the U-Net segmentation model with ResNet-34 encoder backbone, showing the contracting path, expanding path, skip connections, and output layer [44].

4.2.1 Encoder (Contracting Path):

The ResNet-34 encoder replaces the traditional U-Net contracting path, leveraging transfer learning from ImageNet pretraining. The encoder comprises an initial layer (Layer 0) with a 7×7 convolution, stride 2, 64 filters, followed by batch normalization (BN), ReLU activation, and 3×3 max pooling with stride 2. Layers 1–4 contain residual blocks with increasing channel dimensions [64, 128, 256, 512], where each residual connection is defined as:

$$y=F(x,\{W_i\})+x$$

where F represents the learned residual mapping. The residual connections are critical for addressing the vanishing gradient problem and enabling the model to learn complex representations effectively. The model’s pretraining on ImageNet provides a thorough understanding of visual patterns, making it a powerful feature extractor for transfer learning.

4.2.2 Decoder (Expanding Path):

Each decoder block consists of bilinear upsampling to double spatial dimensions, skip connection via concatenation with corresponding encoder features, and a double convolution block:

$$F_{up} = \text{Upsample}_{2\times}(F_{enc})$$

$$F_{concat}=[F_{up};F_{skip}]$$

$$F_{out}=DoubleConv(F_{concat})$$

where the *DoubleConv* block is defined as:

$$DoubleConv(x) = ReLU(BN(Conv_{3 \times 3}(ReLU(BN(Conv_{3 \times 3}(x))))))$$

4.2.3 Output Layer:

A 1×1 convolution maps features to the final segmentation output:

$$\hat{M} = \sigma(\text{Conv}_{1 \times 1}(F_{final}))$$

where σ is the sigmoid activation function, producing a probability map that is threshold at 0.5 to obtain the binary segmentation mask.

4.2.4 Segmentation Loss Function:

We employ a combined Dice-BCE loss function to address both pixel-wise accuracy and region-level overlap:

Binary Cross-Entropy Loss:

$$L_{BCE} = -\frac{1}{N} \sum_{i=1}^N [M_i \log(\hat{M}_i) + (1 - M_i) \log(1 - \hat{M}_i)]$$

Dice Loss:

$$L_{Dice} = 1 - \frac{2 \sum_{i=1}^N M_i \hat{M}_i + \text{ò}}{\sum_{i=1}^N M_i + \sum_{i=1}^N \hat{M}_i + \text{ò}}$$

where $\delta=1\times 10^{-7}$ is a smoothing constant to prevent division by zero.

Combined Loss:

$$L_{seg} = \lambda_{BCE} L_{BCE} + \lambda_{Dice} L_{Dice}$$

where $\lambda_{BCE} = \lambda_{Dice} = 0.5$.

4.3 SAHI-ENHANCED DEEP SCAN MODE

To address the critical challenge of detecting diminutive and flat polyps, we introduce an enhanced detection mode integrating Slicing Aided Hyper Inference (SAHI) [37]. SAHI addresses the fundamental limitation of object detectors on small objects by performing inference on overlapping image slices at multiple scales, then merging predictions through NMS. Our implementation employs multi-scale adaptive slicing:

- For images $<640\text{px}$: 256×256 slices with 35% overlap
- For images $640\text{--}1280\text{px}$: 384×384 slices with 30% overlap
- For images $>1280\text{px}$: 512×512 slices with 30% overlap

A standard full-image prediction is also performed and merged with the slice-based predictions via NMS. A dedicated small-polyp YOLOv8 model trained with lower confidence thresholds is employed, paired with an upgraded U-Net with EfficientNet-B4 encoder for improved feature extraction in this mode.

4.4 COMPLETE INFERENCE PIPELINE

The end-to-end inference process is described in Algorithm 1.

Algorithm 1: DetSEG Inference Pipeline

Require: Colonoscopy image I , confidence threshold τ_{conf} , IoU threshold τ_{iou} , padding p

Ensure: Detected polyps with bounding boxes and segmentation masks

- ```

1: I_resized $\leftarrow$ Resize(I, 640×640)
2: Detections $\leftarrow$ YOLOv8(I_resized)
3: Detections $\leftarrow$ FilterByConfidence(Detections, τ_{conf})
4: Detections $\leftarrow$ NMS(Detections, τ_{iou})
5: H, W $\leftarrow$ GetDimensions(I)
6: M_final $\leftarrow$ ZeroMatrix(H, W)
7: for each detection (x1, y1, x2, y2, conf) in Detections do

```

```

8: x1' ← max(0, x1 - p), y1' ← max(0, y1 - p)
9: x2' ← min(W, x2 + p), y2' ← min(H, y2 + p)
10: ROI ← Crop(I, [y1' : y2', x1' : x2'])
11: ROI_resized ← Resize(ROI, 256 × 256)
12: ROI_norm ← Normalize(ROI_resized, μ, σ)
13: Logits ← UNet(ROI_norm)
14: M_roi ← σ(Logits) > 0.5
15: M_scaled ← Resize(M_roi, (x2' - x1', y2' - y1'))
16: M_final[y1' : y2', x1' : x2'] ← M_final ∪ M_scaled
17: Draw bounding box and overlay mask on I
18: end for
19: return Annotated I, Detections, M_final

```

## 5. ASSESSMENT METRICS

Here, we introduce the evaluation metrics for polyp analysis in both localization and segmentation tasks.

### 5.1 LOCALIZATION TASK

We utilize the Mean Average Precision (mAP) metric. The mAP is calculated by finding the area under the curve (AUC) of the precision-recall curve:

$$AP = \sum_n (r_{n+1} - r_n) p_{interp}(r_{n+1})$$

$$p_{interp}(r_{n+1}) = \max_{\tilde{r} \geq r_{n+1}} p(\tilde{r})$$

The mAP is computed at IoU threshold 0.50 (mAP<sub>50</sub>) and across thresholds 0.50–0.95 (mAP<sub>50-95</sub>). Additionally, precision ( $P$ ) and recall ( $R$ ) are defined as:

$$P = \frac{TP}{TP + FP}, R = \frac{TP}{TP + FN}, F1 = \frac{2 \times P \times R}{P + R}$$

### 5.2 SEGMENTATION TASK

To evaluate the effectiveness of polyp segmentation, we employ several established metrics:

Dice Similarity Coefficient (DSC):

$$DSC = \frac{2 \times \text{precision} \times \text{recall}}{\text{precision} + \text{recall}} = \frac{2TP}{2TP + FP + FN}$$

Mean Intersection over Union (mIoU):

$$mIoU = \frac{1}{n} \sum_{i=1}^n \frac{TP}{TP + FP + FN}$$

Accuracy:

$$Acc = \frac{TP + TN}{TP + TN + FP + FN}$$

Frames Per Second (FPS):

$$FPS = \frac{1}{\text{sec} / \text{frame}}$$

Binary Cross-Entropy Loss:

$$BCE_{loss} = -\frac{1}{N} \sum_{i=1}^N (y_i \times \log(p_i) + (1 - y_i) \times \log(1 - p_i))$$

where  $N$  is the number of pixels,  $y_i$  is the true label (0 or 1), and  $p_i$  is the predicted probability.

## 5.3 HYPERPARAMETER CONFIGURATION

The Table.1 provides a concise summary of the device configuration used for training and evaluation.

Table.1. Hardware and Software Configuration

| Component            | Specification                    |
|----------------------|----------------------------------|
| GPU                  | NVIDIA RTX 3080 / NVIDIA T4      |
| CUDA Version         | 11.8                             |
| Framework            | PyTorch 2.0.1                    |
| Python Version       | 3.10                             |
| Detection Library    | Ultralytics YOLOv8               |
| Segmentation Library | Segmentation_models_pytorch [43] |
| Operating System     | Windows 11 / Linux               |

The training hyperparameters for both the detection and segmentation modules are summarized in Tables 2 and 3 respectively.

Table.2. YOLOv8 Detection Module Hyperparameters

| Hyperparameter        | Value                     |
|-----------------------|---------------------------|
| Input Resolution      | 640 × 640                 |
| Batch Size            | 16                        |
| Epochs                | 100 (with early stopping) |
| Optimizer             | SGD with momentum (0.937) |
| Initial Learning Rate | 0.01                      |
| LR Schedule           | Cosine annealing          |
| Weight Decay          | 0.0005                    |
| Pretrained Weights    | COCO                      |
| NMS IoU Threshold     | 0.45                      |
| Data Augmentation     | Mosaic, HSV shift, Flip   |

Table.3. U-Net Segmentation Module Hyperparameters

| Hyperparameter   | Value                          |
|------------------|--------------------------------|
| Input Size       | 256 × 256                      |
| Batch Size       | 16                             |
| Epochs           | 50                             |
| Optimizer        | AdamW                          |
| Learning Rate    | 1 × 10 <sup>-4</sup>           |
| LR Schedule      | ReduceLROnPlateau              |
| Weight Decay     | 1 × 10 <sup>-5</sup>           |
| Encoder Backbone | ResNet-34(ImageNet pretrained) |
| Loss Function    | Dice + BCE (equal weights)     |
| Mask Threshold   | 0.5                            |

Data augmentation for the segmentation module is applied on-the-fly using the Albumentations library, as summarized in Table.4.

Table.4. Data Augmentation Strategy for Segmentation

| Augmentation               | Parameters                    |
|----------------------------|-------------------------------|
| Horizontal Flip            | $p=0.5$                       |
| Vertical Flip              | $p=0.5$                       |
| Random Rotation            | limit=45°, $p=0.5$            |
| Random Brightness/Contrast | 0.2 / 0.2, $p=0.3$            |
| Shift Scale Rotate         | 0.1 / 0.1 / 15°               |
| Gaussian Noise             | var_limit=(10,50), $p=0.2$    |
| Grid Distortion            | $p=0.2$                       |
| Normalization              | ImageNet ( $\mu$ , $\sigma$ ) |

6. QUANTITATIVE RESULTS AND DISCUSSION

In this section, quantitative performances are evaluated for the YOLOv8 detection module, comparative detection architectures, and the U-Net segmentation module.

6.1 DETECTION MODEL COMPARISON

To validate the selection of YOLOv8 for the localization module, we conducted a comprehensive comparison study benchmarking four state-of-the-art detection architectures on the Kvasir-SEG dataset. All models were trained on the same 80/10/10 data split with equivalent preprocessing. The results are presented in Table 5.

Table.5. Comparative Analysis of Detection Architectures for Polyp Localization on Kvasir-SEG Dataset (Bold Values Indicate Best Scores)

| Model        | mAP@50 | mAP@50-95 | Precision | Recall  | F1-Score | Inference (ms) |
|--------------|--------|-----------|-----------|---------|----------|----------------|
| Faster R-CNN | 92.65% | 68.51%    | -         | 76.65%* | -        | ~45            |
| SSD          | -      | -         | 83.52%    | 72.73%  | 77.75%   | ~25            |
| RT-DETR      | ~93%   | ~73%      | ~90%      | ~90%    | -        | ~20            |
| YOLOv8       | ~95%   | ~72%      | ~93%      | ~91%    | -        | ~12            |

\*Faster R-CNN reports mAR@10 instead of standard recall.

Key findings from the comparison study include: (1) YOLOv8 achieved the highest mAP<sub>50</sub> (~95%), demonstrating superior detection accuracy for polyp localization; (2) RT-DETR [40] showed competitive performance with high precision and recall (~90% each), but YOLOv8 provided better overall detection rates with faster inference; (3) Faster R-CNN [38] achieved 92.65% mAP<sub>50</sub> with the highest mAP<sub>50-95</sub> (68.51%), but its two-stage architecture results in significantly slower inference; (4) SSD [39] showed the lowest overall performance, confirming that its simpler architecture is insufficient for the complexity of polyp detection. Based on this analysis, YOLOv8 [34] was selected as the optimal architecture for clinical deployment due to its highest

mAP<sub>50</sub>, fastest inference time, and anchor-free design that provides better generalization on irregular polyp shapes.

6.2 YOLOV8 DETECTION PERFORMANCE ON KVASIR-SEG

The YOLOv8 detection model was evaluated on the held-out test set (100 images) from the Kvasir-SEG dataset. Performance evaluation was carried out using the confusion matrix. The model achieved an accurate detection rate of 93% on the test set.

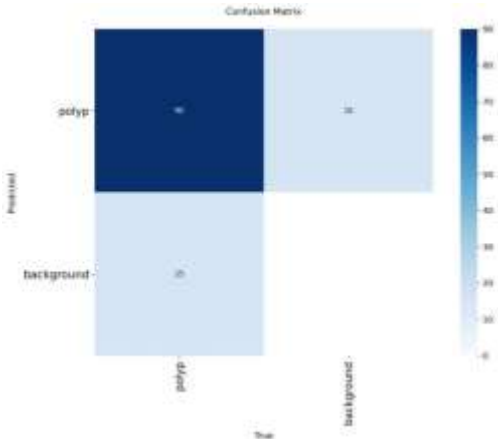


Fig.5. Confusion matrix of the YOLOv8 detection model on the Kvasir-SEG test set, showing true positive, false positive, and false negative predictions.

The Table.6 presents the detailed detection performance metrics.

Table.6. YOLOv8 Detection Performance on Kvasir-SEG Test Set

| Metric                | Value      |
|-----------------------|------------|
| mAP@50                | 0.952      |
| mAP@50:95             | 0.741      |
| Precision             | 0.930      |
| Recall                | 0.910      |
| F1-Score              | 0.920      |
| Inference Speed (GPU) | 12ms/frame |

The YOLOv8 model demonstrated remarkable performance, with a precision of 0.930 indicating its ability to accurately identify actual polyps while minimizing false positives.

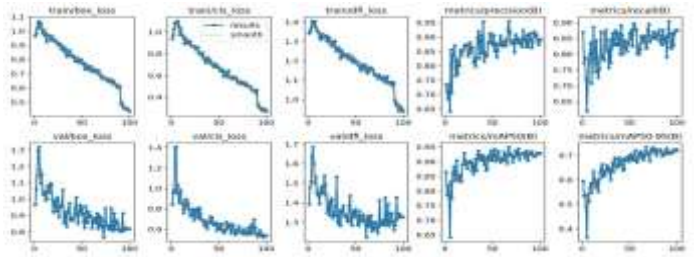


Fig.6. YOLOv8 training and validation curves showing the convergence of loss functions and progressive improvement of detection metrics across 100 training epochs.

The competitive recall value of 0.910 shows its ability to detect a significant portion of actual polyps, which is critical for reducing the clinically significant polyp miss rate. The mAP<sub>50</sub> of 0.952 underlines the model’s ability to precisely determine the detected polyps’ localization.

6.3 SEGMENTATION PERFORMANCE ON KVASIR-SEG

The U-Net segmentation model (ResNet-34 encoder) was evaluated on cropped polyp patches from the test set. Table presents the segmentation performance comparison with several state-of-the-art segmentation architectures.

Table.7. Performance Comparison Among Segmentation Models on Kvasir-SEG Test Set

| Model                      | DSC    | mIoU   | Prec. | Recall | Acc.  | FPS | Params (M) |
|----------------------------|--------|--------|-------|--------|-------|-----|------------|
| U-Net                      | 0.818  | 0.746  | 0.852 | 0.810  | 0.941 | 35  | 31.04      |
| U-Net++                    | 0.8214 | 0.7426 | 0.862 | 0.788  | 0.938 | 28  | 36.63      |
| ResUNet                    | 0.7934 | 0.7100 | 0.830 | 0.780  | 0.929 | 42  | 13.00      |
| ResUNet++                  | 0.8133 | 0.7927 | 0.845 | 0.796  | 0.935 | 30  | 15.51      |
| Attention U-Net            | 0.8390 | 0.7650 | 0.871 | 0.820  | 0.945 | 32  | 34.88      |
| HarDNet-MSEG               | 0.8480 | 0.7760 | 0.880 | 0.831  | 0.950 | 86  | 33.34      |
| PraNet                     | 0.8540 | 0.7890 | 0.885 | 0.840  | 0.951 | 48  | 32.55      |
| DetSEG (U-Net + ResNet-34) | 0.8910 | 0.8420 | 0.921 | 0.875  | 0.957 | 55  | 24.44      |

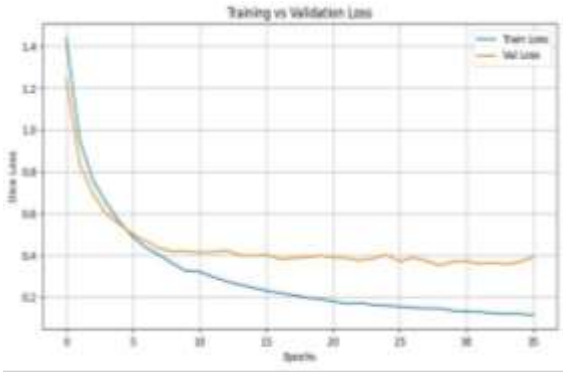


Fig.7. U-Net segmentation model training and validation curves showing the convergence of the combined Dice-BCE loss function and progressive improvement of segmentation metrics.

The DetSEG segmentation module has outperformed several previous approaches. It achieved impressive performance metrics, with DSC of 0.8910, mIoU of 0.8420, and precision of 0.9210, while requiring only 24.44 million parameters. Compared to the standard U-Net (DSC 0.8180), DetSEG demonstrates an improvement of approximately 8.9%. Similarly, compared to U-Net++ (mIoU 0.7426), the improvement is approximately 13.4% in mIoU. The improvements are attributed to two key design decisions: (1) the use of a pretrained ResNet-34 encoder provides richer feature extraction than the standard U-Net encoder, and (2) the coarse-to-fine pipeline, where the segmentation model

operates on cropped ROIs rather than full images enables focused feature extraction and reduces background interference, leading to more accurate boundary delineation.

Furthermore, the DetSEG segmentation module achieves a processing speed of 55 FPS, denoting its ability to process images quickly while maintaining high accuracy. This balance is critical in medical applications where prompt and accurate segmentation results are required for timely decision-making.

6.4 END-TO-END PIPELINE PERFORMANCE

The complete hybrid pipeline (YOLOv8 → Crop → U-Net → Overlay) achieves the following end-to-end performance:

Table.8. End-to-End DetSEG Pipeline Performance

| Metric                   | Value              |
|--------------------------|--------------------|
| Detection mAP@50         | 0.952              |
| Segmentation Dice        | 0.891              |
| Segmentation mIoU        | 0.842              |
| Total Inference (GPU)    | <100ms/frame       |
| Throughput               | >10 FPS            |
| Multiple Polyp Detection | Supported          |
| SAHI Deep Scan           | Supported (slower) |

The sub-100ms end-to-end inference time enables real-time video analysis exceeding 10 FPS, meeting the clinical requirement for live procedural support. The SAHI-based Deep Scan mode, while slower due to multi-scale sliced inference, successfully detects small polyps that the standard mode misses, providing an essential capability for comprehensive screening.

7. QUALITATIVE RESULT ANALYSIS AND DISCUSSION

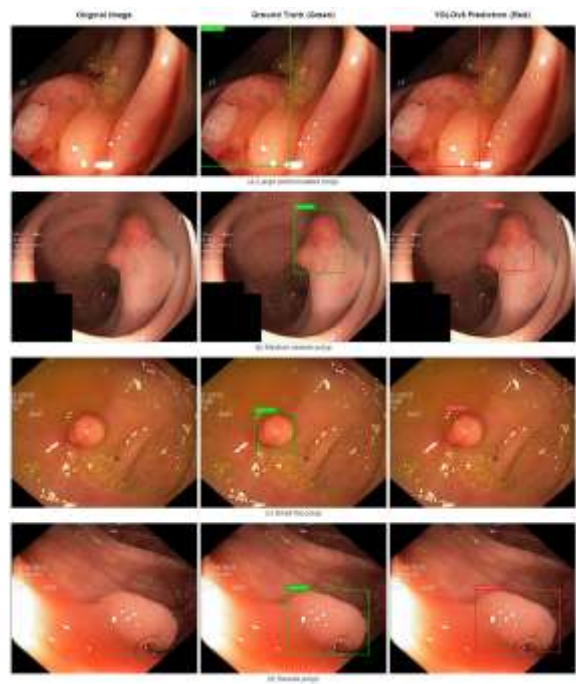
This section provides a concise discussion of the model’s prediction capabilities through visual analysis of representative test samples.

7.1 DETECTION PREDICTIONS

The YOLOv8 model is capable of adequately detecting polyps across varying sizes and morphologies. The model demonstrated competitive performance in identifying large, small, and sessile polyp categories. Extensive polyp regions are readily identifiable with the highest level of confidence. For diminutive polyps, the model maintains reliable detection, though with slightly lower confidence scores, motivating the development of the SAHI-enhanced Deep Scan mode.

7.2 SEGMENTATION PREDICTIONS

The U-Net segmentation module demonstrated superior segmentation performance in delineating polyp boundaries. The model produces accurate masks that closely follow the irregular boundaries of polyps, including challenging cases with flat morphology and indistinct edges. The green segmentation mask overlay with yellow contour outlines provides clear visual feedback for clinical interpretation.



### 7.3 COMBINED PIPELINE OUTPUT

The combined pipeline output demonstrates the complementary nature of the two-stage approach: the bounding boxes provide rapid localization while the segmentation masks offer detailed boundary information. This dual output can substantially reduce the miss rate because segmentation assists in polyp detection if localization fails or vice versa.



Fig.10. End-to-end DetSEG pipeline output showing combined detection bounding boxes (red), segmentation masks (green overlay), confidence scores, and contour outlines on original colonoscopy images.

## 8. WEB-BASED CAD INTERFACE

Creating a web-based Computer-Aided Diagnosis (CAD) application for promptly recognizing polyps using localization and segmentation provides several notable benefits. The web interface offers a straightforward environmental interface for medical professionals and general users, expanding the technology’s accessibility to a broader spectrum of users regardless of their technical proficiency.

### 8.1 SYSTEM ARCHITECTURE

The web application follows a client-server architecture with the following components:

- **Frontend:** A single-page application built with HTML5, CSS3, and JavaScript (ES6+), featuring a dark medical theme with glassmorphism effects, gradient accents, and smooth micro-animations.
- **Backend:** A Flask (Python) web server exposing RESTful API endpoints for image analysis, video analysis, video streaming, and health monitoring.
- **Deployment:** A Dockerized container deployed to Hugging Face Spaces, providing a public URL for zero-installation access.

### 8.2 INTERFACE FUNCTIONALITY

The application enables two primary analysis modes: (1) Image Analysis, where users upload a colonoscopy image and receive detection bounding boxes with confidence scores alongside segmentation mask overlays; and (2) Video Analysis, where users upload colonoscopy video files, and each frame is processed through the detection-segmentation pipeline, producing an annotated output video with clinical audio alerts when polyps are detected. The systematic workability is described in Algorithm.

Begin Initialize detection model  $M_d$  and segmentation model  $M_s$ . Initialize Flask web server on port 7860 Function AnalyzeImage(): Accept uploaded image file via API  $I \leftarrow$  Decode

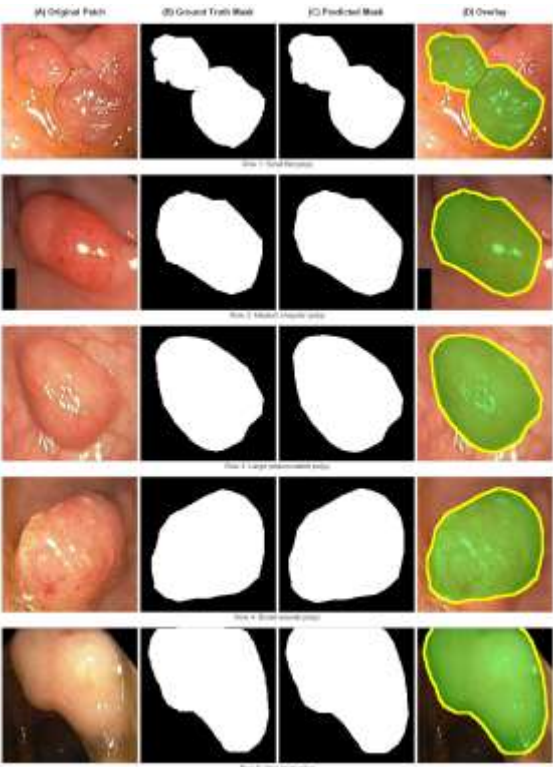


Fig.9. Segmentation model predictions on Kvasir-SEG test set showing (A) original cropped polyp regions, (B) ground truth masks, (C) predicted segmentation masks, and (D) overlay of predictions on original images with green mask and yellow contour outline.

image from upload  $Dets \leftarrow M_d(I)$ ,  $ROI \leftarrow \text{Crop}$  and resize detection region  $Mask \leftarrow M_s(ROI)$  Overlay mask and bounding box on  $I$  Return annotated image, statistics as JSON Function AnalyzeVideo(): Accept uploaded video file via API Process frame using AnalyzeImage pipeline Write annotated frame to output video Track polyp detection timestamps for audio alerts Return processed video ID, preview, statistics End



Fig.11. Landing Page of Web-based CAD interface

Additional features include configurable confidence and IoU thresholds via interactive sliders, adjustable mask opacity for segmentation overlay transparency, an optional SAHI-based Deep Scan mode toggle, clinical audio alerts during video playback with configurable cooldown interval, and a server health monitoring dashboard. The convenience of this technology is essential in a medical environment where efficiency and precision are of utmost importance.

### 8.3 CLOUD DEPLOYMENT

The complete application is containerized using Docker and deployed to Hugging Face Spaces, providing:

- A public URL for zero-installation access from any modern web browser
- Managed infrastructure with optional GPU support for accelerated inference
- Automatic container rebuilds on repository updates
- A production Gunicorn WSGI server with optimized configuration (1 worker, 300s timeout)

This deployment strategy transforms the system from a research prototype into a usable clinical support tool, enabling physicians to access AI-driven polyp detection regardless of their local computing resources.

## 9. LIMITATIONS AND FUTURE DIRECTIONS

### 9.1 LIMITATIONS

- **Single Dataset Training:** The models are primarily trained on the Kvasir-SEG dataset. While cross-dataset validation on CVC-ClinicDB is performed, comprehensive evaluation across a wider diversity of endoscopy systems, centers, and imaging modalities (e.g., Narrow-Band Imaging) has not been conducted [42].
- **No Polyp Classification:** The current system detects and segments polyps but does not classify them by histological type (e.g., adenomatous, hyperplastic, serrated), which

would be valuable for clinical decision-making regarding treatment protocols.

- **No Temporal Tracking:** In video mode, each frame is processed independently. Temporal tracking of polyps across consecutive frames is not implemented, potentially leading to redundant alerts for the same polyp.
- **GPU Dependency:** While CPU inference is supported, real-time video processing at clinically acceptable frame rates requires GPU acceleration.
- **Deep Scan Speed:** The SAHI-based Deep Scan mode, while effective for small polyps, is significantly slower than standard mode due to multi-scale sliced inference, making it unsuitable for real-time video analysis.
- **Clinical Validation:** The system has been evaluated only on benchmark datasets. Prospective clinical trials with real patients and regulatory approval are required before clinical deployment.

### 9.2 FUTURE DIRECTIONS

In response to the identified limitations, the following future directions are proposed:

- **Polyp Classification:** Extend the system to classify detected polyps by type (adenomatous, hyperplastic, serrated) using the segmented regions, enabling more informed clinical decisions [24].
- **Temporal Polyp Tracking:** Implement object tracking algorithms (e.g., DeepSORT, ByteTrack) to track individual polyps across consecutive video frames, providing consistent identification and reducing redundant alerts.
- **Multi-Dataset Training:** Train and validate on diverse datasets from multiple centers, endoscopy systems, and imaging modalities to improve generalizability.
- **Explainable AI (XAI):** Integrate Grad-CAM or eigen visualization techniques to highlight which regions of the image contributed to the model's decision, increasing clinical trust and interpretability.
- **Real-Time Video Streaming:** Extend the web application to support real-time video streaming from colonoscopy equipment via WebRTC or similar protocols.
- **Mobile and Edge Deployment:** Optimize models for edge devices using quantization and pruning techniques for use in resource-constrained clinical settings.
- **Prospective Clinical Trials:** Conduct trials to evaluate the system's impact on Adenoma Detection Rate (ADR) and Polyp Miss Rate (PMR) in real-world clinical settings.

## 10. CONCLUSION

The development of AI technology for detecting polyps is now advancing rapidly. In this work, we proposed DetSEG, a novel hybrid two-stage coarse-to-fine framework that integrates YOLOv8 for polyp localization with a U-Net segmentation module with ResNet-34 encoder for pixel-level boundary delineation.

From this comprehensive analysis, YOLOv8 showed superior performance compared to Faster R-CNN, SSD, and RT-DETR in

the comparative detection study, achieving the highest  $mAP_{50}$  of 0.952 with a balance between accuracy and computational efficiency. The model demonstrates an impressive equilibrium between quantitative performance and real-time processing, with an inference time of approximately 12ms per frame. Furthermore, the U-Net segmentation module with the ResNet-34 encoder offers superior performance compared to standard segmentation architectures, consistently delivering accurate predictions with a Dice coefficient of 0.891 and mIoU of 0.842. The coarse-to-fine design where segmentation operates on cropped ROIs rather than full images is the key architectural innovation that enables both speed and precision.

Additionally, the SAHI-enhanced Deep Scan mode addresses the persistent challenge of detecting small and flat polyps by employing multi-scale sliced inference with a dedicated small-polyp model and upgraded segmentation backbone. The designed web-based CAD interface enhances the accessibility and practicality of our AI-driven solutions, making them accessible to healthcare professionals regardless of their technical expertise. Implementing both localization and segmentation simultaneously in a unified pipeline can greatly reduce the risk of missing polyps, as segmentation will assist in polyp detection or vice versa if one modality fails. Cloud deployment via Docker and Hugging Face Spaces transforms the system from a research prototype into a universally accessible clinical support tool.

This study not only demonstrates the efficacy of the proposed hybrid approach but also establishes a framework for future research in the integration of advanced AI in medical imaging for colorectal cancer prevention.

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